



## Junior Aquathlon

Sunday 16<sup>th</sup> May 2010

The race is to be held at Pools on the Park, SpringHealth Leisure Centre, Old Deer Park, Richmond TW9 2SF, in their grounds and surrounding area.

**STRICTLY NO ENTRIES ON THE DAY**

This event will be sanctioned by the British Triathlon Federation and will be conducted in accordance with the Technical and Competition Rules and Regulations of the Federation.

FIRST NAME: \_\_\_\_\_ SURNAME: \_\_\_\_\_ M/F: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ POST CODE: \_\_\_\_\_  
SCHOOL: \_\_\_\_\_ BOROUGH: \_\_\_\_\_ CLUB NAME: \_\_\_\_\_  
DATE OF BIRTH: \_\_\_\_\_ AGE ON 31-12-10: \_\_\_\_\_ BTF NO: \_\_\_\_\_  
TELEPHONE NO: \_\_\_\_\_ E-MAIL: \_\_\_\_\_  
I LIVE IN LONDON\*: YES NO I'M A MEMBER OF A LONDON TRIATHLON CLUB\*: YES NO

\* This race is a part of the Triathlon London Tristar/Youth Series and if one of these applies you automatically qualify to be included in the series 2010. For more information about the series please visit [www.triathlonlondon.org](http://www.triathlonlondon.org)

| Age Group    | Age     | Swim | Run  | Estimated swim time? |
|--------------|---------|------|------|----------------------|
| Tristar      | 8       | 60   | 500  |                      |
| Tristar 1    | 9 - 10  | 180  | 1200 |                      |
| Tristar 2    | 11 - 12 | 240  | 1800 |                      |
| Tristar 3    | 13 - 14 | 300  | 2400 |                      |
| Youth        | 15 - 16 | 420  | 4000 |                      |
| Junior B & C | 17 - 19 | 540  | 5000 |                      |

T - Shirt Size please circle: S M L

There will be a T-Shirt and medal for all finisher and prizes will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> for each category (m & f)

Enter online at [www.entrycentral.com](http://www.entrycentral.com) or send the entry form including cheque to:

Race Secretary, Mette Geddes, 17 Grosvenor Street, London W1K 4QG

Entry Fee: BTF Members £11.00 Non Members £13.00

Please make cheques payable to: Optima Racing Team

E-mail: [race@optimaracingteam.com](mailto:race@optimaracingteam.com) Website: [www.optimaracingteam.com](http://www.optimaracingteam.com) Tel no: 07900 66 77 55

Closing date for entries 1<sup>st</sup> May 2010

Race will start with seniors at 08:00, followed by Tristart - junior straight after.

Event details can be found in the race pack which can be downloaded from our website.

I accept that the organisation can in no way be held responsible for any injury or loss however caused, and that my child taking part in the event, is fully aware of the risks involved and the degree of fitness required. I agree to abide by the rules of The Triathlon England

Parent or Guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_