



Aquathlon

Sunday 16th May 2010

The race is to be held at Pools on the Park, SpringHealth Leisure Centre, Old Deer Park, Richmond TW9 2SF, in their grounds and surrounding area.

STRICTLY NO ENTRIES ON THE DAY

This event will be sanctioned by the British Triathlon Federation and will be conducted in accordance with the Technical and Competition Rules and Regulations of the Federation.

FIRST NAME:	SURNAME:	M/F:
ADDRESS:	POST CODE:	
BOROUGH:	CLUB NAME:	
DATE OF BIRTH:	AGE ON 31-12-10*:	BTF NO:
TELEPHONE NO:	E-MAIL:	

*If under the age of 20 please enter the Junior race.

Swim will be 540m and run 5km

T - Shirt Size please circle: S M L XL

There will be a T-Shirt and swim cap for all and prizes will be awarded to the 1st, 2nd and 3rd for each category (m & f)

Enter online at www.entrycentral.com or send the entry form including cheque to:
Race Secretary, Mette Geddes, 17 Grosvenor Street, London W1K 4QG
Entry Fee: BTF Members £15.00 Non Members £20.00
Please make cheques payable to: Optima Racing Team
E-mail: race@optimaracingteam.com Website: www.optimaracingteam.com Tel no: 07900 66 77 55
Closing date for entries 1st May 2010
Race will start at 08:00, and all other information can be found in the race pack which can be downloaded from our website

I accept that the organisation can in no way be held responsible for any injury or loss however caused. I agree to abide by the rules of The Triathlon England.

Signature: _____ **Date:** _____

