

Preliminary Results

| Total Rank | Race No | First | Surname | Club | Swim | Rank | Transition | Rank | Run | Rank | Total | |
|------------|---------|------------|---------|--------------|------|-------|------------|-------|-----|-------|-------|-------|
| | 1 | 31 Luke | Butland | | | 01:17 | 1 | 00:58 | 1 | 02:34 | 1 | 04:49 |
| | 2 | 34 Rourke | Palmer | | | 01:17 | 1 | 01:08 | 5 | 03:33 | 2 | 05:58 |
| | 3 | 33 Henri | Wright | Thames Turbo | | 01:19 | 3 | 00:58 | 1 | 04:00 | 5 | 06:17 |
| | 4 | 30 Ryan | Mullen | Thames Turbo | | 01:35 | 6 | 01:04 | 3 | 03:40 | 4 | 06:19 |
| | 5 | 35 Sacha | Clayson | | | 01:29 | 5 | 01:16 | 6 | 03:35 | 3 | 06:20 |
| | 6 | 32 Brynmor | Bradley | | | 01:23 | 4 | 01:04 | 3 | 04:11 | 6 | 06:38 |